

Developmental Milestone Chart

6 Months- 6 Years

Age	Fine/Visual Motor	Self-Care	Physical/Gross Motor
6 Months to 9 Months	<ul style="list-style-type: none"> Transfers objects hand to hand Straightens elbows when reaching Racks pellet-sized items with fingers Holds items with fingers and thumb Claps hands 	<ul style="list-style-type: none"> Finger feeds self 	<ul style="list-style-type: none"> Stands while holding on to something Can get into sitting position Sits with support Pulls to stand Crawls
9 Months to 12 Months	<ul style="list-style-type: none"> Points with index finger Uses a neat, tip to tip pincer grasp on small items Places items into open container or into adult's hand 	<ul style="list-style-type: none"> Removes socks Notifies parents if diaper is soiled Cooperates with dressing Engages in bath time by helping to wash a few body parts 	<ul style="list-style-type: none"> Stands while holding on to something Can get into sitting position Sits with support Pulls to stand Crawls Begins to Walk
12 Months to 18 Months	<ul style="list-style-type: none"> Stacks 2 to 3 blocks Holds crayon in closed fists Scribbles with a crayon using whole arm movements Turns pages of cardboard book Hold objects with one hand and manipulates with other Places small items in jar Place 1 -2 shapes in a three shape puzzle Places large pegs in a pegboard 	<ul style="list-style-type: none"> Can assist with taking clothing off Drinks from a cup Eats with a spoon 	<ul style="list-style-type: none"> Walks alone May start to walk up stairs May start running
18 Months to 24 Months	<ul style="list-style-type: none"> Stacks 3 to 5 blocks Snips paper with scissors Strings 2 to 3 beads Imitates vertical/circular scribbles Turns pages of book one at a time Place three shapes in a geometric puzzle 	<ul style="list-style-type: none"> Holds and drinks from a cup with minimal spilling Able to fill spoon and bring to mouth with little spillage Gives up bottle 	<ul style="list-style-type: none"> Stands on tip toes Kicks a ball Begins to run Climbs onto and down furniture Walks up and down stairs holding on to rail
2 Years to 3 Years	<ul style="list-style-type: none"> Imitates a simple horizontal/ vertical block design Imitates circle/vertical/horizontal lines Unscrews lids Manipulates small items within hand Cuts paper into two pieces Holds crayon with fingers, not fist Starts to use one hand consistently 	<ul style="list-style-type: none"> Unzips zippers and unbuttons large buttons Requires assistance to pull clothes over head Able to take off pants, coat, socks, and shoes without fasteners Has few accidents during day and indicates when needs to go to bathroom 	<ul style="list-style-type: none"> Above skills continue to improve Stans on tip toes Kicks a ball Begins to run Climbs onto and down furniture Walks up and down stairs holding on to rail
3 Years to 4 Years	<ul style="list-style-type: none"> Stacks five to seven small blocks Imitates circle and cross Manipulates clay and dough 	<ul style="list-style-type: none"> Independent at dressing Might need some help with fasteners Able to bathe self with exception of own hair Independent with toilet and notifications 	<ul style="list-style-type: none"> Climbs well Runs with ease Pedals a tricycle Walks up and down stairs (one foot each stair)
4 Years to 5 years	<ul style="list-style-type: none"> Copies a square and cross Cuts on a straight line Begins to use thumb and index finger to hold pencil (tripod grasp) Touches each finger to thumb Stacks 10 small blocks 	<ul style="list-style-type: none"> Buttons and unbuttons independently Pours liquid from cup with minimal spills Mashes food with utensils 	<ul style="list-style-type: none"> Climbs well Runs with ease Pedals a tricycle Walks up and down stairs (one foot each stair) Catches a bounced ball
5 Years to 6 Years	<ul style="list-style-type: none"> Colors inside the lines Cuts out simple shapes Copies triangle Writer first name Dominant hand established 	<ul style="list-style-type: none"> May use a knife to cut food Can use toilet on own Use fork and spoon Independent with shoe tying Only requires supervision for bath time 	<ul style="list-style-type: none"> Can stand on one foot for 10 seconds or longer Hops or skips Can do a somersault



Sonshine Therapy
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